



# 2019

## HIGH PERFORMANCE YOUTH MEMBERSHIP



ELITE SPORTS  
VENUE



TOP RUGBY TUTORS



SKILLS DEVELOPMENT  
PROGRAMME



WORLD CLASS  
PARTNERS

[www.rugbyacademyireland.ie](http://www.rugbyacademyireland.ie)

We are Rugby Academy Ireland, a game-breaking, full-time residential rugby academy based in County Kildare in the province of Leinster, Ireland. We are Ireland's first fully independent rugby academy for aspiring professional male and female rugby players, aiming to revolutionise the game by offering ambitious, hard-working individuals an exceptional opportunity to exponentially enhance their rugby and life skills, uniquely preparing them for success in professional rugby.

## WHO ARE WE

**Dan van Zyl** Co-Founder & Director of Rugby



Dan is a hugely experienced former Springbok & Super Rugby player who has worked at the top of the Irish game in coaching & player development roles with Leinster Rugby (U18, U19 & Women's Head Coach) and the IRFU (Irish Students & Youths Head Coach). A fully accredited World Rugby Educator, Dan is passionate about maximising the potential of top young players, with testimonials from some of Ireland's best young players who he has coached.

**Johan Taylor** Co-Founder & Managing Director



Johan brings a wealth of coaching experience, including a successful stint as head coach of the Sri Lanka National Team and top domestic roles with All Ireland League sides, most recently Naas RFC. Also a World Rugby Educator, he is a student of the game, focusing on improving key player and coach development programmes offered internationally.

## OUR COACHES, TUTORS & MENTORS

|                 |                 |                      |
|-----------------|-----------------|----------------------|
| Sebastian Berti | Thinus Delpont  | David Nolan          |
| BJ Botha        | Denis Fogarty   | Mike Ross            |
| Jason Brennan   | Bernard Jackman | Philippe Saint-Andre |
| Len Browne      | Dave Keelty     | Eoin Sheriff         |
| Gary Conway     | Will Matthews   | Bobby Skinstad       |
| Reggie Corrigan | Johne Murphy    | Ben Swindlehurst     |

Watch this space for further high profile specialists to be announced

## OUR PILLARS



**Players** – maximise the potential of all attendees across rugby, education & personal development



**Rugby** – become the ultimate standard bearer for the independent rugby development of aspiring professional players



**Social** – contribute in a positive and socially responsible way to the development of rugby globally



## HIGH PERFORMANCE YOUTH MEMBERSHIP

Sign your ambitious 13 to 18 year old rugby player, male or female, up for our annual membership, offering them access to exceptional benefits that include;

- Introductory Open Day (dates TBC, quarterly 2019)
- Two\* high performance skills clinics/development events annually
- RAI training top, supplied by official partners BLK
- 10% off all other RAI programmes and events
- Inclusion in a special quarterly RAI newsletter with exclusive content from our world class tutors & sports tech partners

The 2019 Youth Membership package costs €199. To book, go to <https://goo.gl/prKbqY>, complete the application form and make payment by Stripe via the methods provided.

Should you have any queries on the membership, please contact us by email on [info@rugbyacademyireland.ie](mailto:info@rugbyacademyireland.ie) or call +353 45 897834.

\*premium level events may require a small supplementary fee  
- see event listing for more details



## SKILLS CLINICS MODULES COVERED INCLUDE;

|   |  |                  |
|---|--|------------------|
| Specialist Positional (Scrum Half, Hooker etc.) | Specialist Skills (Kicking, Passing, Scrummaging etc.) | SAQ Development  |
| S&C Testing & Technique                         | Sports Psychology & Preparation                        | Sports Nutrition |



Dan van Zyl had a big influence on my underage rugby. In Development squads (as coach for the Leinster Youths in 2012/13), he was always a valued mentor.



During these times, I could hardly remember a time where I didn't learn something new from him. His love for the game and the detail with which he saw it was contagious. I always knew, if I needed extra support with anything, Dan would be willing to help. If it meant staying behind after trainings, or even meeting up before, Dan would always be there. He had a major influence on me and I'd still feel, if I needed to, that I could pick up the phone and ask him something.

**Joey Carbery - Munster & Irish Rugby 6 Nations Grand Slam Winner**



## RUGBY ACADEMY IRELAND PROGRAMMES OVERVIEW

Alongside our core Full Time Residential Rugby Academy programme (see website for full brochure as downloadable pdf), Rugby Academy Ireland offers a range of year long innovative and flexible development programmes to allow ambitious male and female players and coaches who aspire to perform at the highest relevant grade levels an unrivalled opportunity to maximise their potential. Contact the Rugby Academy Team on [info@rugbyacademyireland.ie](mailto:info@rugbyacademyireland.ie) or +353 45 897834 if you have any queries regarding the below programmes.

| TARGET PROGRAMMES                          | PROGRAMME DETAILS OVERVIEW  |
|--|---|
| JCT/U15 Players (M + F)                    | <p><b>Mid &amp; Pre-Season - €95 per training day</b><br/>(min 7 days to be booked per 12 mths)</p> <p>Full range of core Rugby Academy Ireland modules including planning, technical coaching, specialist position coaching, match analysis etc.</p>   |
| SCT/Youths Players (M + F)                 | <p><b>Mid &amp; Pre-Season - €95 per training day</b><br/>(min 9 days to be booked)</p> <p>Full range of core Rugby Academy Ireland modules as per basic JCT/ U15s programme with additional days &amp; elements</p>  |
| TY Players (M + F)                         | <p><b>Residential €550/wk Monday to Friday &amp; Non-Residential week €400/wk</b><br/>(specific weeks during school calendar)</p> <p>Full range of core Rugby Academy Ireland modules including technical &amp; specialist position coaching, match analysis, S&amp;C, mental skills development etc.</p> |
| Rugby & Conservation Program, South Africa | <p>Contact our team for a customised quote for a 3-12 week long, life-changing, <b>full immersion trip to South Africa</b> to experience high performance rugby development &amp; world class conservation project work.</p>  |

OPERATIONAL  
PARTNERS



SHADOWMAN™  
SPORTS

**BLK**



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