

## COACH DEVELOPMENT PROGRAMME



The 2020 Coach Development Programme will give ambitious rugby coaches at school, youth and club level an unrivalled opportunity to develop their coaching skills and experience.

Coaches will be assigned to a specific club or school team and will assist in academy and non academy team coaching sessions, gaining experience of different coaching philosophies.

Programmes will include;

- Video and match analysis qualification
- Rugby S&C theory and practical sessions
- Rugby nutrition seminars
- Experience daily academy life

- Daily rugby workshops
- Attend provincial matches
- Experience Ireland through various non rugby activities



Gain new skills and technical knowledge from the variety of coaching sessions by highly experienced coaches led by IRB coach educators Dan van Zyl and Johan Taylor



Option 1 Day package €100

**Option 2** Non residential €1299 p/m

**Option 3** Full residential €1464 p/m

To book or for any queries on the programme, contact Dan/Johan on info@rugbyacademyireland.ie or call +353 45 897834

