



HIGH PERFORMANCE TEAM PROGRAMMES



ELITE SPORTS
VENUE



TOP RUGBY TUTORS



TEAM DEVELOPMENT
FOCUS



WORLD CLASS
PARTNERS

We are Rugby Academy Ireland, a game-breaking, full-time residential rugby academy based in County Kildare in the province of Leinster, Ireland. We are Ireland's first fully independent rugby academy for aspiring professional male and female rugby players, aiming to revolutionise the game by offering ambitious, hard-working individuals an exceptional opportunity to exponentially enhance their rugby and life skills, uniquely preparing them for success in professional rugby.

WE ARE

Dan van Zyl Co-Founder & Director of Rugby



Dan is a hugely experienced former Springbok & Super Rugby player who has worked at the top of the Irish game in coaching & player development roles with Leinster Rugby (U18, U19 & Women's Head Coach) and the IRFU (Irish Students & Youths Head Coach). A fully accredited World Rugby Educator, Dan is passionate about maximising the potential of top young players, with testimonials from some of Ireland's best young players who he has coached.

Johan Taylor Co-Founder & Managing Director



Johan brings a wealth of coaching experience, including a successful stint as head coach of the Sri Lanka National Team and top domestic roles with All Ireland League sides, most recently Naas RFC. Also a World Rugby Educator, he is a student of the game, focusing on improving key player and coach development programmes offered internationally.

OUR COACHES, TUTORS & MENTORS

Sebastian Berti

Thinus Delpont

David Nolan

BJ Botha

Denis Fogarty

Mike Ross

Jason Brennan

Bernard Jackman

Philippe Saint-Andre

Len Browne

Dave Keelty

Eoin Sheriff

Gary Conway

Will Matthews

Bobby Skinstad

Reggie Corrigan

Johne Murphy

Ben Swindlehurst

Watch this space for further high profile specialists to be announced

OUR PILLARS



Players – maximise the potential of all attendees across rugby, education & personal development



Rugby – become the ultimate standard bearer for the independent rugby development of aspiring professional players



Social – contribute in a positive and socially responsible way to the development of rugby globally



Leicester Tigers Academy, September 2018

TEAM PROGRAMME OVERVIEW

Rugby Academy Ireland invite ambitious, progressive coaching teams and their squads to our elite Killashee venue for a high performance rugby experience with a difference. From only €60pp per day, your club or school team can enjoy 1 to 5+ days of rugby development, with a typical 3 day sample programme* including;

DAY 1

10:00 Arrive at RAI Venue - welcome and check in

10:45 Meeting Room Ice Breakers

12:00 Pitch Session 1

13:15 Lunch

14:15 Army Team Enhancement Session

16:00 Gym

17:15 Recovery Pool & Sauna Session

18:15 Recreation Room: Table Tennis, Air Hockey, Pool, Darts, PlayStation etc.

19:00 Offsite Group Activity (Greyhound Racing, Cinema etc.) & Dinner

DAY 2

08:00 Breakfast

09:00 Pitch Session 2

10:15 Mental Resilience Workshop

11:30 Shadowman Tackle Technique Practical Session

13:00 Lunch

15:00 Match

17:30 BBQ

19:00 Rugby Quiz (Laws etc.)

DAY 3

08:00 Breakfast

09:00 Recovery Gym Session

10:30 Certificate Presentation

11:00 Check Out & depart venue

*finalised programme quotes will be based on tailored package that include specific duration, activities & accommodation options, if applicable.

Contact us today to get your personalised high performance group programme quote, by emailing info@rugbyacademyireland.ie or call +353 45 897834.

TEAM TESTIMONIALS

“ We couldn't rate the experience any higher. We thought it was fantastic and something that we will be doing every year with our JCT squad. ”

Adam Malin - Director of Rugby, The High School



“ Thank you for your help with our visit. The guys and I really enjoyed it. The mental skills guy was excellent and the points made about personal development and responsibility are things that we have been working on as a squad so it was good for them to have that reinforced by an expert in the area. We will definitely send a group of players to RAI events in the future. ”

Adam Doyle – Dundalk U17s Coach

“ Thanks so much for a really brilliant day. The lads all loved it and are keen to return in the future. They loved the whole experience and the great facilities. ”

Joe Walsh – Coolmine U17s Coach

“ The players came back from their stay at RAI buzzing and the parents were delighted. It served a real purpose for us as players that may not be in elite development squads get excellent coaching and information. ”

Ian Wallace – Director of Rugby, Wesley College

“ The RAI facilities are top class and we had a great day. The players had to dig really deep during the team building and fitness session, which will no doubt be good for us in the cup season to come. ”

Tom McKeown – SCT Coach, The Kings Hospital School



OTHER RAI PROGRAMMES

Alongside our High Performance Groups offering, Rugby Academy Ireland offers a range of year long innovative and flexible development programmes to allow ambitious male and female players and coaches who aspire to perform at the highest relevant grade levels an unrivalled opportunity to maximise their potential. Contact the Rugby Academy Team on info@rugbyacademyireland.ie or +353 45 897834 if you have any queries regarding the below programmes.

TARGET PROGRAMMES	PROGRAMME DETAILS OVERVIEW
Coach Development	<p>Contact RAI for details of our future Coach Development programmes which offer excellent CPD opportunities for young & experienced coaches looking to take the next step in their careers.</p> <p>See www.rugbyadacemyireland.ie for more information.</p>
JCT/U15 Players (M + F)	<p>Mid & Pre-Season - €95 per training day (min 7 days to be booked per 12 mths)</p> <p>Full range of core Rugby Academy Ireland modules including planning, technical coaching, specialist position coaching, match analysis etc.</p>
SCT/Youths Players (M + F)	<p>Mid & Pre-Season - €95 per training day (min 9 days to be booked)</p> <p>Full range of core Rugby Academy Ireland modules as per basic JCT/ U15s programme with additional days & elements.</p>
TY Players (M + F)	<p>Residential €550/wk Monday to Friday & Non-Residential week €400/wk (specific weeks during school calendar)</p> <p>Full range of core Rugby Academy Ireland modules including technical & specialist position coaching, match analysis, S&C, mental skills development etc.</p>

OPERATIONAL
PARTNERS



SHADOWMAN™
SPORTS

BLK



www.rugbyacademyireland.ie

Tel: +353 45 897834

Email: info@rugbyacademyireland.ie

 RUGBYACADEMYIRELAND

 RUGBYACADEMYIRELAND

 @ACADEMY_IRELAND